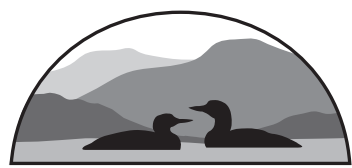


New Hampshire BIRD RECORDS





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NEW HAMPSHIRE BIRD RECORDS
VOLUME 40 NUMBER 4
WINTER 2021-22

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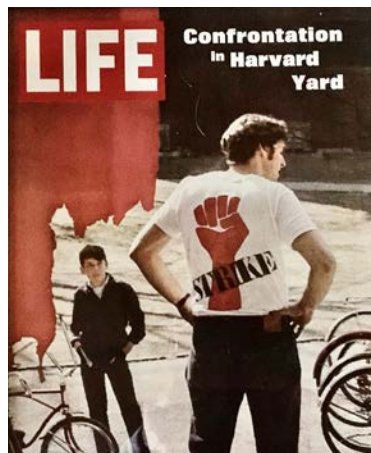
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IN MEMORY OF
Ray Allen Frieden

This issue of *New Hampshire Bird Records* with its color cover is sponsored by Roger Frieden in loving memory of his older brother Ray Allen Frieden, who died in April, 2021. Even though Ray was ten years older, he took the time to teach his little brother many things, including how to fish. While Ray was a student at Harvard in the 1960s, he joined a student protest for workers' rights, and his photograph famously was on the cover of *Life* magazine. He is remembered for his kindness, his love of family, and his attention to doing the right thing.

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Cover Photos: White-winged Dove by Jim Sparrell, 2-6-22, Witch Island, Hampton, NH (top); Townsend's Warbler by Steve Mirick, 12-4-21, Rye, NH (left); and the first winter record of a Blackpoll Warbler, by Steve Mirick, 12-5-21, Rye, NH (right).

swallows, waterfowl, and warblers. This path is multi-use and has several different options to explore. It leads to the Dort Road trail access (see map). The adjacent forest is part of the Surry Mountain Preserve which has a trail to Lily Pond. The terrain is varied with slopes and valleys and includes the brook, several wetlands and ponds, and several open fields populated with seasonal meadow flora. The forest consists of mixed tree species: Red Oak, Black Oak, White Pine, Paper Birch, maple, hemlock, beech, and American Sycamore.

Getting there

Approximately seven miles north on Rt. 12A from Keene, turn right onto Crain Road, then left onto Village Road. If you put “Surry Town Hall” or “1 Village Road” into a GPS, it will take you to the trail entrance.

If you drive to the other end of Village Road, there is a parking area and entrance for Surry Mountain Lake. It is just a minute up the road, and worth a look.

Parking

There is space to park near the entrance gate adjacent to Surry Town Hall on Village Road. There is also a parking lot off of Rt.12A with a sign posted “Surry Mountain Lake Natural Resource Area.” This parking is for access to other hiking/snowmobile trails and the Dort Road trail. The best parking for the hotspot is the Village Road entrance.

Indoor Cats—Worth the Effort!

by Kathryn Frieden

I have been a cat-owner all my life, but an indoor cat-owner for only the past 25 or so years. I made that change not because of the danger that cats pose to birds, which I did not yet know about, but because so many of my cats died young or just disappeared. I couldn't keep going through the misery of saying goodbye to yet another beloved pet every few years. If a kitten is kept inside from a young age, it is less likely to try to get out of the house and can be quite content indoors. Even an older cat can adjust to life indoors, but cats are clever, so be prepared for the need to outwit your cat! We used to have a cat named Mr. Moneypenny who hid around the corner of the hallway to the back door, so if you checked before opening the door you couldn't see him. Then, when the door was opened, he shot out so fast it was hard to see him go past, but we always managed to corral him back into the house, and he died at the ripe old age (for cats) of 18.

The statistics for cat longevity are stark; an outdoor

cat lives an average of 2-5 years while an indoor cat's life expectancy is over 15 years*. And of course, there are the birds—the estimates of numbers of birds killed by cats every year in this country run close to a billion. The article by Scott R. Loss, et al. in *Nature Communications*, January 2013 focused media attention on this issue. Although there are many who debate the accuracy of the authors' numbers, cat predation is clearly a significant problem. As cats are not native predators to North America, this is not part of the normal “circle of life” for our birds. So let's do the best we can and try to become indoor cat-owners. I highly recommend it!

There is much good advice available for how to not only keep your cats indoors, but how to keep them happy as well. Here is a link to a brochure by the American Bird Conservancy for starters: https://abcbirds.org/wp-content/uploads/2015/05/cat_brochure.pdf

* “*Cats: Indoors or Outdoors?*”, University of California at Davis Veterinary Medicine website

<https://healthtopics.vetmed.ucdavis.edu/health-topics/feline/cats-indoors-or-outdoors>

The Adventures of Poe, the Indoor Cat

Photos by the author except for the real Least Bittern and Poe, The Hunter by Roger Frieden.

Poe participates in the NH Audubon Backyard Winter Bird Survey.



Five Dark-eyed Juncos, three Blue Jays, one Tufted Titmouse...make that six juncos.

Working from Home



Okay, now I need to log in to New Hampshire Bird Records. Becky said I could write an article about cats.

Poe Likes Birds



Actually, some of my best friends are birds!

Poe, the Hunter



No birds were harmed during the making of this "Poe, the Indoor Cat" episode.

Poe: the Bird



I am a Least Bittern.



No, I am a Least Bittern.

New Hampshire Bird Records Endowment Fund

Donations to this fund provide long-term support for all facets of *New Hampshire Bird Records*, from the publication to the collection, organization, quality control, dissemination, preservation, and storage of New Hampshire bird sighting information.

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For more information, contact the Managing Editor (see inside front cover).

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Abbreviations Used

AMC	Appalachian Mountain Club
BBC	Brookline Bird Club
BBS	Breeding Bird Survey
CA	Conservation Area
CC	Country Club
CFT	NH Audubon Chapter Field Trip
FT	Field Trip
IBA	Important Bird Area
L.	Lake
LPC	Loon Preservation Committee
NA	Natural Area
NHA	New Hampshire Audubon
NHBR	New Hampshire Bird Records
NHRBC	NH Rare Birds Committee
NWR	National Wildlife Refuge
PO	Post Office
R.	River
Rd.	Road
RO	Raptor Observatory
Rt.	Route
SF	State Forest
SP	State Park
SPNHF	Society for the Protection of NH Forests, Concord
T&M	Thompson & Meserves (Purchase)
TNC	The Nature Conservancy
WMA	Wildlife Management Area
WMNF	White Mountain National Forest
WS	NHA Wildlife Sanctuary
~	approximately
WTP	Wastewater Treatment Plant

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New Hampshire Bird Records © NH Audubon October 2022

Published by NH Audubon's Conservation Department



Printed on Recycled Paper